

HEART SHAPE

knitting pattern

This Easy **Knitted Heart Pattern** creates a sweet shape that lies flat in the Garter Stitch. It is reversible and knitted top-down on straight knitting needles.

We begin by making two humps with knitting increases. The middle section is just a few knitted rows. Finish by creating the decrease rows that taper down to the bottom of your heart shape.



Knitting Techniques

- CO = Cast On Long Tail Method
- K = Knit Stitch
- K2Tog = Knit 2 Stitches Together
- KFB = Knit Front and Back
- BO = Bind Off
- Weave In Ends

Knitting Supplies

- Yarn in any weight and fiber of your choice
- Knitting Needles sized appropriately for your yarn
- Scissors
- Tapestry Needle

Skill Level: Intermediate

Best for knitters comfortable knitting increase and decrease stitches.

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START BY MAKING TWO HEART HUMPS

Cast On 3 stitches

Row 1: K3

Row 2: KFB, K1, KFB (5 sts)

Row 3: K5

Row 4: KFB, K3, KFB (7 sts)

Row 5: K7

- **Cut Yarn**
- **Slide 1st Heart Hump down your needle**
- **Repeat Rows 1 – 5 to make the 2nd Heart Hump**
- **With both Heart Humps on the same knitting needle, continue to Row 6 (14 sts)**

MIDDLE SECTION OF KNITTED HEART

Row 6: K6, K2Tog, K6 (13 sts)

Row 7: K13

Row 8: K13

Row 9: K13

Row 10: K13

Row 11: K13

DECREASE SECTION OF KNITTED HEART

Row 12: K2Tog, K9, K2Tog (11 sts)

Row 13: K11

Row 14: K2Tog, K7, K2Tog (9 sts)

Row 15: K9

Row 16: K2Tog, K5, K2Tog (7 sts)

Row 17: K7

Row 18: K2Tog, K3, K2Tog (5 sts)

Row 19: K5

Row 20: K2Tog, K1, K2Tog (3 sts)

Row 21: K2Tog, K1 (2 sts)

Bind Off.

Weave in ends.

And you are DONE!!